

**CHARLTON HERITAGE 5K RUN/WALK**  
**CHARLTON, NEW YORK**  
**06/06/2009**

Chip Timing by ARE Event Productions  
Results and more at [www.AREEP.com](http://www.AREEP.com)

Place	Bib	Name	Age	S	City	St	Time	Pace
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**\*\*\*\*\* RESULTS \*\*\*\*\***

1	58	Shamus Nally	22	M	Burnt Hills	NY	16:21	5:16
2	219	David Leary	20	M	Canal Fulton	OH	17:00	5:29
3	308	Shaun Donegan	23	M	Wilton	NY	17:05	5:30
4	210	Sam Predmore	18	M	Ballston Lake	NY	17:15	5:33
5	128	Brent Drapeau	18	M	Glenville	NY	17:26	5:37
6	20	Dan Fernandez	15	M	Charlton	NY	17:34	5:40
7	44	Tyler Welsh	20	M	Pattersonville	NY	17:40	5:41
8	218	Adam Leary	25	M	Canal Fulton	OH	17:44	5:43
9	8	Christopher Mulford	32	M	Schenectady	NY	17:56	5:47
10	19	Chris Fernandez	17	M	Charlton	NY	18:09	5:51
11	233	Andrew Houghtalen	19	M	Charlton	NY	18:18	5:54
12	307	Greg Stevens	24	M	Scotia	NY	18:21	5:55
13	184	Jacob Urys	14	M	Rotterdam	NY	18:23	5:56
14	287	Christopher Murphy	13	M	Scotia	NY	18:39	6:00
15	171	Chris Buckley	47	M	Burnt Hills	NY	18:50	6:04
16	61	Joe Chapman	14	M	Ballston Lake	NY	18:55	6:06
17	276	Joshua Myers	18	M	Ballston Spa	NY	19:01	6:08
18	238	Peter Girardi	57	M	Scotia	NY	19:19	6:13
19	13	Kevin Melsert	18	M	Ballston Lake	NY	19:22	6:14
20	118	Jonathan Peck	30	M	Scotia	NY	19:25	6:15
21	298	Gary Neumann	47	M	Burnt Hills	NY	19:31	6:17
22	319	Joe Place	46	M	Saratoga Spring	NY	20:07	6:29
23	275	Joe Girad	14	M	Glenville	NY	20:08	6:29
24	208	Myron Ferguson	51	M	Broadalbin	NY	20:13	6:31
25	152	Buddy Herkenham	14	M	Charlton	NY	20:17	6:32
26	86	James Gideon	14	M	Ballston Spa	NY	20:20	6:33
27	256	Tad Wood	24	M	Greemerch	NY	20:30	6:36
28	77	Michael Stalker	46	M	Burnt Hills	NY	20:31	6:37
29	278	Kimberly Miseno-Bow	38	F	Amsterdam	NY	20:36	6:38
30	226	Gabriel McGarry	32	M	Slingerlands	NY	20:37	6:39
31	137	Duane Rabideau	53	M	Ballston Spa	NY	20:40	6:39
32	78	Beth Stalker	49	F	Burnt Hills	NY	20:47	6:42
33	240	Tom Monaghan	15	M	Charlton	NY	20:49	6:42
34	54	Brian Watts	35	M	Clifton Park	NY	20:55	6:44
35	286	Ryun C. Murphy	12	M	Scotia	NY	20:57	6:45
36	232	Drew Loeffler	14	M	Ballston Spa	NY	20:58	6:45
37	151	Carolyn Herkenham	18	F	Charlton	NY	21:05	6:47
38	89	Becky Bednarek	32	F	Amsterdam	NY	21:16	6:51
39	67	Kiersten Anderson	17	F	Glenville	NY	21:20	6:52
40	24	Martha Brown	19	F	Burnt Hills	NY	21:20	6:52
41	122	James Poirier	41	M	Charlton	NY	21:26	6:54
42	159	Jonathan Steinbiss	24	M	Charlton	NY	21:29	6:55
43	103	Kevin Crowley	18	M	Burnt Hills	NY	21:36	6:58
44	139	John Rabideau	13	M	Ballston Spa	NY	21:51	7:02
45	129	Trevor Drapeau	13	M	Glenville	NY	21:54	7:03
46	88	Peter Bednarek	31	M	Amsterdam	NY	21:59	7:05
47	253	Brendan Smer	13	M	Burnt Hills	NY	21:59	7:05

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Place	Bib	Name	Age	S	City	St	Time	Pace
=====	=====	=====	=====	=====	=====	=====	=====	=====
48	162	Chad Bradt	33	M	Schenectady	NY	22:01	7:05
49	245	Richard Knipper	48	M	Schenectady	NY	22:04	7:07
50	48	Thomas Ryan	48	M	Scotia	NY	22:09	7:08
51	52	William Meeker	39	M	Glenville	NY	22:12	7:09
52	114	Ian Hutchinson	45	M	Scotia	NY	22:17	7:11
53	127	Norman Drapeau	44	M	Glenville	NY	22:20	7:12
54	205	Forrest Burnetter	14	M	Burnt Hills	NY	22:25	7:13
55	274	Aidan Tooker	10	M	Greenfield	NY	22:27	7:14
56	182	Greg Ethier	35	M	Waterford	NY	22:32	7:15
57	64	Chester Tumidajewic	54	M	Amsterdam	NY	22:34	7:16
58	167	Steven Hicks	34	M	Scotia	NY	22:35	7:17
59	100	Megan Reynolds	20	F	Burnt Hills	NY	22:41	7:18
60	301	Tracy Perry	45	F	Clifton Park	NY	22:47	7:20
61	252	Mark Swan	39	M	Burnt Hills	NY	22:53	7:22
62	12	Ray Ludwig	51	M	East Scodack	NY	22:53	7:22
63	176	Rachael Brush	15	F	Charlton	NY	22:55	7:23
64	267	Don Kraines	43	M	Scotia	NY	22:55	7:23
65	297	Martha Degrazta	58	F	Slingerlands	NY	22:57	7:24
66	84	Juan Pardee	16	M	Scotia	NY	23:01	7:25
67	36	Renay Nowicki	28	F	Albany	NY	23:03	7:25
68	82	John MacDonald Iii	19	M	Burnt Hills	NY	23:03	7:26
69	292	Payton Czupil	9	F	Waterviet	NY	23:07	7:27
70	304	Joel Landis	70	M	Ballston Spa	NY	23:09	7:27
71	231	Anastasia Monsen	13	F	Ballston Spa	NY	23:12	7:28
72	168	Tim Roggenbuck	50	M	Ballston Lake	NY	23:13	7:29
73	138	Lauren Rabideau	14	F	Ballston Spa	NY	23:14	7:29
74	180	Joseph Dutcher	31	M	Glenville	NY	23:20	7:31
75	177	Amanda Brush	18	F	Charlton	NY	23:21	7:31
76	132	Jared Short	12	M	Charlton	NY	23:22	7:31
77	131	Kristin Short	41	F	Charlton	NY	23:28	7:34
78	181	Kelly Dutcher	31	F	Glenville	NY	23:30	7:34
79	227	Erin Rightmyer	25	F	Burnt Hills	NY	23:33	7:35
80	294	Gary Czupil	54	M	Watervliet	NY	23:38	7:37
81	108	Josette Messere	13	F	Burnt Hills	NY	23:39	7:37
82	120	Samantha Bodenstab	27	F	Charlton	NY	23:43	7:38
83	193	Dan Owens	53	M	Ballston Spa	NY	23:43	7:38
84	222	James Holmes	42	M	Saratoga Spring	NY	23:50	7:41
85	246	Andrew Kopczynski	51	M	Scotia	NY	24:03	7:45
86	228	Jack Rightmyer	51	M	Burnt Hills	NY	24:04	7:45
87	288	Andy Decker	35	M	Ballston Spa	NY	24:07	7:46
88	242	William E. Humphrey	45	M	Burnt Hills	NY	24:08	7:46
89	94	David Poplawski	48	M	Schenectady	NY	24:11	7:48
90	47	Beau Adkins	29	F	Scotia	NY	24:13	7:48
91	91	Joe Carr	15	M	Burnt Hills	NY	24:20	7:50
92	123	Mary Wawrzyniak	48	F	Glenville	NY	24:23	7:51
93	302	Sandy Tatarynw	30	F	Saratoga Spring	NY	24:26	7:52
94	289	Karen Decker	34	F	Ballston Spa	NY	24:28	7:53
95	18	Katie Zeissler	14	F	Glenville	NY	24:33	7:54
96	244	Haley Brittan	14	F	Charlton	NY	24:37	7:56
97	37	Schuyler Pruyn	14	F	Rexford	NY	24:37	7:56

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Place	Bib	Name	Age	S	City	St	Time	Pace
98	277	Brain Mayville	12	M	Charlton	NY	24:37	7:56
99	156	Amelia Simonson	20	F	Clifton Park	NY	24:37	7:56
100	175	Meagan Roecker	14	F	Charlton	NY	24:37	7:56
101	157	Danika Simonson	17	F	Clifton Park	NY	24:41	7:57
102	155	Alex Ramos	21	M	West Charlton	NY	24:41	7:57
103	268	Rebecca Kraines	13	F	Scotia	NY	24:41	7:57
104	158	Scott Simonson	50	M	Clifton Park	NY	24:44	7:58
105	254	Patrick Smer	14	M	Burnt Hills	NY	24:47	7:59
106	251	Tyler Doherty	9	M	Glenville	NY	24:51	8:00
107	223	Josh Klapper	19	M	Glenville	NY	24:58	8:02
108	207	Peter Drake	37	M	New York	NY	25:01	8:03
109	195	Amanda Barone	25	F	Ballston Spa	NY	25:07	8:05
110	259	Patrick Hackenberg	44	M	Ballston Lake	NY	25:10	8:06
111	258	Karien Hackenberg	43	F	Ballston Lake	NY	25:10	8:06
112	110	Nathan Bell	17	M	Scotia	NY	25:17	8:09
113	87	Richard White	61	M	Charlton	NY	25:18	8:09
114	316	Steven Schriber	51	M	Porter Corners	NY	25:20	8:10
115	279	Brad Warner	51	M	Charlton	NY	25:20	8:10
116	281	Lynn Fredericks	43	F	Amsterdam	NY	25:21	8:10
117	80	Brendan Stalker	14	M	Burnt Hills	NY	25:23	8:11
118	187	Austin Lewandowski	14	M	Charlton	NY	25:27	8:12
119	283	Douglas Fox	64	M	Loudonville	NY	25:27	8:12
120	186	Paul Lewandowski	51	M	Charlton	NY	25:27	8:12
121	241	Lisa Humphrey	13	F	Burnt Hills	NY	25:29	8:12
122	107	Mark MacIntosh	41	M	Glenville	NY	25:30	8:13
123	97	Erin Sausville	13	F	Ballston Spa	NY	25:31	8:13
124	284	Jim Moore	69	M	Niskayuna	NY	25:47	8:18
125	313	Gina Kirsty	44	F	Glenville	NY	25:52	8:20
126	216	Rob Updyke	30	M	Malta	NY	25:58	8:22
127	261	Tom Lyle	44	M	Ballston Lake	NY	26:05	8:24
128	299	Robert W. Fairman	62	M	Johnstown	NY	26:10	8:26
129	133	Logan Short	8	M	Charlton	NY	26:15	8:27
130	109	Brooke Adams	14	F	Charlton	NY	26:17	8:28
131	273	Kendra Adams	17	F	Charlton	NY	26:17	8:28
132	96	Wendy Loukes	49	F	Charlton	NY	26:19	8:29
133	160	Kevin Stone	41	M	Charlton	NY	26:21	8:29
134	169	Theresa Rousseau	42	F	Clifton Park	NY	26:24	8:30
135	178	Brian Dillenbeck	38	M	Alplaus	NY	26:26	8:31
136	53	William Meeker	10	M	Glenville	NY	26:27	8:31
137	28	Jim Foster	38	M	W. Charlton	NY	26:29	8:32
138	142	Kevin Becker	10	M	Glenville	NY	26:30	8:32
139	257	Elizabeth Meehan	50	F	Ballston Spa	NY	26:31	8:33
140	191	Chad Dyminski	27	M	Charlton	NY	26:34	8:33
141	293	Paula Morelli Czupi	48	F	Watervliet	NY	26:38	8:35
142	43	Aixa Toledo	36	F	Delmar	NY	26:39	8:35
143	85	Richard Theissen	65	M	Round Lake	NY	26:39	8:35
144	255	Allison Reinhardt	32	F	Glenville	NY	26:39	8:35
145	75	Becky Weyrauch	37	F	Ballston Lake	NY	26:44	8:37
146	296	Cory Rundell	27	F	Clifton Park	NY	26:47	8:37
147	250	William Taylor	44	M	Schenectady	NY	26:55	8:40

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148	188	Reed Lewandowski	12	M	Charlton	NY	27:00	8:42
149	79	Rachel Stalker	15	F	Burnt Hills	NY	27:01	8:42
150	249	Carol Taussig	43	F	Glenville	NY	27:01	8:42
151	145	Daniel Flanagan	43	M	Ballston Spa	NY	27:02	8:42
152	225	John Armbruster	26	M	Scotia	NY	27:05	8:43
153	90	Kristen Bikowicz	10	F	Ballston Lake	NY	27:06	8:44
154	312	Scott Hulseapple	38	M	Glenville	NY	27:07	8:44
155	204	Julie Burnetter	44	F	Burnt Hills	NY	27:09	8:45
156	221	Lauren Reynolds	23	F	Burnt Hills	NY	27:24	8:50
157	11	Craig Miller	34	M	Schenectady	NY	27:28	8:51
158	68	Sherm Dawson	66	M	Ballston Spa	NY	27:31	8:52
159	38	Mary Schneider	12	F	Burnt Hills	NY	27:33	8:52
160	295	Trevor Schneider	54	M	Burnt Hills	NY	27:33	8:52
161	21	Allison Fernandez	12	F	Charlton	NY	27:33	8:52
162	15	Nicholas Myers	19	M	Scotia	NY	27:36	8:53
163	291	John Ripley	57	M	Ballston Spa	NY	27:52	8:59
164	243	James P. Humphrey	12	M	Burnt Hills	NY	27:53	8:59
165	220	Joshua Kirkham	23	M	Scotia	NY	27:54	8:59
166	148	Jeff Groth	36	M	Burnt Hills	NY	27:55	8:59
167	42	Craig Todd	37	M	Burnt Hills	NY	28:02	9:02
168	41	Zachary Stauto	10	M	Burnt Hills	NY	28:03	9:02
169	161	Eileen Stone	44	F	Charlton	NY	28:05	9:03
170	121	Marcia Cooper	48	F	Burnt Hills	NY	28:11	9:05
171	215	Amber Turner	27	F	Amsterdam	NY	28:13	9:05
172	303	Coleen Stevens	51	F	West Glenville	NY	28:13	9:05
173	280	Kevin Debonis	35	M	Charlton	NY	28:17	9:07
174	269	Joshua Kraines	9	M	Scotia	NY	28:23	9:09
175	31	Vicki Kelch	48	F	Burnt Hills	NY	28:28	9:10
176	165	Jonathan Dippert	28	M	Waterford	NY	28:30	9:11
177	213	Annemarie Sampson	47	F	Scotia	NY	28:30	9:11
178	57	Heidi Koeppl	26	F	Astoria	NY	28:33	9:12
179	98	Donna Sausville	45	F	Ballston Spa	NY	28:39	9:14
180	290	Lorin Spiegel	60	F	Saratoga Spring	NY	28:48	9:16
181	199	Morgan Schrader	10	F	Burnt Hills	NY	28:59	9:20
182	229	Judy Rightmyer	48	F	Burnt Hills	NY	29:07	9:23
183	125	Dana Brooks	62	M	Ballston Spa	NY	29:11	9:24
184	183	Millie Irwin	34	F	Ballston Spa	NY	29:15	9:25
185	111	Barbara Scheurer	49	F	Saratoga Spring	NY	29:15	9:25
186	282	Phyllis Fox	57	F	Loudonville	NY	29:15	9:25
187	164	Luke Lebel	11	M	Ballston Lake	NY	29:21	9:27
188	55	Melissa Watts	34	F	Clifton Park	NY	29:21	9:27
189	163	R.A. Lebel	45	M	Ballston Lake	NY	29:22	9:27
190	22	Nitza Alvarez	30	F	Albany	NY	29:26	9:29
191	211	Michelle Strenk	47	F	Scotia	NY	29:28	9:29
192	209	Ellen Predmore	51	F	Ballston Lake	NY	29:28	9:29
193	202	Steve Slattery	36	M	Scotia	NY	29:36	9:32
194	311	Catie Corrigan	13	F	Canajoharie	NY	29:55	9:38
195	30	Beth Gregory	44	F	Glenville	NY	29:55	9:38
196	285	Beth Deluca	36	F	Scotia	NY	30:02	9:40
197	185	Jennifer Kane	32	F	Clifton Park	NY	30:04	9:41

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198	62	Norm Marincic	74	M	Saratoga Spring	NY	30:08	9:42
199	106	Elaine Geniti	34	F	Scotia	NY	30:16	9:45
200	192	Robert Fiorini	33	M	Scotia	NY	30:17	9:45
201	189	Monica Ackley	39	F	Scotia	NY	30:17	9:45
202	135	Jennifer Kehn	22	F	Burnt Hills	NY	30:21	9:46
203	102	John Bednarek	55	M	Greenfield Cent	NY	30:25	9:48
204	56	Laura Wiltshire	29	F	Millbury	MA	30:29	9:49
205	315	Meaghan Cornin	14	F	Charlton	NY	30:30	9:49
206	69	Melynnda Dewitt		F	Clifton Park	NY	30:32	9:50
207	190	Tina Buell	53	F	Scotia	NY	30:40	9:53
208	40	Jim Slattery	66	M	Sauquoit	NY	30:49	9:55
209	306	Paul Berry	44	M	Saratoga Spring	NY	30:52	9:56
210	194	Joseph Siracuse	39	M	Malta	NY	30:55	9:57
211	317	Peggy Keigley	59	F	Greenfield Cent	NY	31:08	10:01
212	300	Marilyn Fairman	62	F	Johnstown	NY	31:09	10:02
213	266	Jesse Holland	12	M	Burnt Hills	NY	31:21	10:06
214	124	Amanda Barr	29	F	Albany	NY	31:24	10:07
215	134	Dove Karn	36	F	Cobleskill	NY	31:28	10:08
216	179	Kara Donohue	31	F	Wapwallopen	PA	31:30	10:09
217	196	Melinda Hicks	52	F	Clifton Park	NY	31:38	10:11
218	248	Hannah Strait	10	F	Charlton	NY	31:45	10:14
219	16	Clarissa Myers	17	F	Scotia	NY	31:45	10:14
220	236	Margaret Girardi	17	F	Scotia	NY	31:49	10:15
221	237	Andrea Girardi	51	F	Scotia	NY	31:50	10:15
222	247	Tracy Strait	38	F	Charlton	NY	32:03	10:19
223	113	Terry Smith	61	M	Galway	NY	32:09	10:21
224	49	Diane Watters	43	F	Greenwich	NY	32:09	10:21
225	147	Adam Frewin	11	M	Scotia	NY	32:19	10:24
226	146	Eric Frewin	49	M	Scotia	NY	32:21	10:25
227	154	Tiffany Pierce	14	F	Ballston Lake	NY	32:26	10:27
228	143	Sarah Briscoe	14	F	Scotia	NY	32:26	10:27
229	224	Susan Casper	49	F	Saratoga Spring	NY	32:29	10:28
230	140	Valerie Reid	36	F	Fultonville	NY	32:32	10:29
231	153	Antoinette Maniatty	44	F	Ballston Spa	NY	32:33	10:29
232	112	Stephen Skinner	62	M	Clifton Park	NY	32:39	10:31
233	17	Diana Myers	47	F	Scotia	NY	32:40	10:31
234	34	Kalli Manly	11	F	Scotia	NY	32:46	10:33
235	33	Penny Manly	46	F	Scotia	NY	32:46	10:33
236	170	Jaclyn Bernstein	29	F	Scotia	NY	32:48	10:34
237	39	Tim Sinnenberg	41	M	Burnt Hills	NY	32:50	10:34
238	203	Gillie Slattery	35	F	Scotia	NY	32:52	10:35
239	310	Kristian Cerrone	11	M	Ballston Spa	NY	32:54	10:36
240	217	Dennis Blondin	64	M	Schenectady	NY	33:01	10:38
241	272	Jacqueline Tremont	58	F	Averill Park	NY	33:13	10:42
242	4	Mark Klingbeil	46	M	Saratoga Spring	NY	33:19	10:44
243	3	Megan Klingbeil	10	F	Saratoga Spring	NY	33:19	10:44
244	318	Lauren Thurber	13	F	Burnt Hills	NY	33:56	10:56
245	73	Cara Maloney	14	F	Charlton	NY	33:56	10:56
246	173	Dennis Lannon	59	M	Alplaus	NY	33:57	10:56
247	166	Alice Carpenter	59	F	Delmar	NY	34:24	11:05

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248	101	Rick Reynolds	59	M	Burnt Hills	NY	34:25	11:05
249	214	Jessi Stanley	28	F	Malta	NY	34:28	11:06
250	117	Matthew Oill	11	M	Glenville	NY	35:00	11:16
251	115	Tiffany Lancaster	25	F	Watervliet	NY	35:19	11:23
252	92	Jeanne Goodenough	48	F	Ballston Lake	NY	35:42	11:30
253	29	Grace Frederick	40	F	Malta	NY	35:55	11:34
254	93	Conor Maloney	18	M	Charlton	NY	35:55	11:34
255	72	Sue Maloney	49	F	Charlton	NY	35:55	11:34
256	141	Samantha Becker	12	F	Glenville	NY	36:00	11:35
257	265	Mike Holland	48	M	Burnt Hills	NY	36:04	11:37
258	71	Mike Maloney	49	M	Charlton	NY	36:10	11:39
259	305	Kim Berry	45	F	Saratoga Spring	NY	36:15	11:40
260	314	Sharan Crunin	39	M	Ballston Lake	NY	36:15	11:41
261	27	Malika Drexel	47	F	Delanson	NY	36:25	11:44
262	264	Barbara Holland	45	F	Burnt Hills	NY	36:42	11:49
263	65	Alea Helmeset	46	F	Ballston Spa	NY	36:55	11:53
264	212	Nancy Johnston	63	F	Ballston Lake	NY	37:11	11:58
265	10	Frank Descisciolo	63	M	Ballston Lake	NY	37:34	12:06
266	172	Joan Lannon	56	F	Alplaus	NY	37:59	12:14
267	263	Ashley Filimon	14	F	Ballston Lake	NY	38:00	12:14
268	105	Michael Crowley	56	M	Burnt Hills	NY	38:33	12:25
269	239	Amy Versocki	39	F	Charlton	NY	38:46	12:29
270	230	Ann Smith	43	F	Ballston Lake	NY	38:57	12:33
271	9	Seena Drapala	57	F	Minden	NV	38:59	12:33
272	136	Donald McBain	76	M	Wynantskill	NY	39:04	12:35
273	262	Jackie Filimon	37	F	Ballston Lake	NY	39:08	12:36
274	200	Michelle Schrader	42	F	Burnt Hills	NY	39:09	12:36
275	201	Hannah Schrader	11	F	Burnt Hills	NY	39:10	12:37
276	197	Andrew Keefe	78	M	Saratoga Spring	NY	39:16	12:39
277	271	Brain Bradley	58	M	Averill Park	NY	39:19	12:40
278	126	Marguerite Carroll	43	F	Ballston Lake	NY	39:49	12:49
279	235	Jennifer Hull	21	F	Ballston Spa	NY	39:51	12:50
280	234	Erin Marzilli	22	F	Clifton Park	NY	39:51	12:50
281	116	Steve Oill	44	M	Glenville	NY	40:06	12:55
282	26	Catherine Caine	66	F	Charlton	NY	42:27	13:40
283	51	Sierra Meeker	9	F	Glenville	NY	42:31	13:41
284	50	Suzanne Meeker	42	F	Glenville	NY	43:23	13:58
285	1	Regina Tumidajewicz	82	F	Amsterdam	NY	44:09	14:13
286	174	Vera Prosper	72	F	Ballston Lake	NY	44:18	14:16
287	76	Eileen Lofthouse	53	F	Ballston Spa	NY	45:19	14:36
288	81	Mary MacDonald	49	F	Burnt Hills	NY	45:20	14:36
289	83	John MacDonald Jr.	53	M	Burnt Hills	NY	45:21	14:36
290	309	Heather Peck	28	F	Scotia	NY	47:41	15:21
291	46	Bernadette Wilson	63	F	Charlton	NY	48:10	15:30
292	198	Chris Salvin	60	F	Lambertville	NJ	48:40	15:40
293	130	Lori Pirrone	48	F	Charlton	NY	53:42	17:17
294	206	Michele Cappelletti	54	F	Glenville	NY	53:42	17:17

**CHARLTON HERITAGE 5K RUN/WALK  
CHARLTON, NEW YORK  
06/06/2009**

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Place	Bib	Name	Age	S	City	St	Time	Pace
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**\*\*\*\*\* AWARDS LIST \*\*\*\*\***

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1	58	Shamus Nally	22	Burnt Hills	NY	16:21
2	219	David Leary	20	Canal Fulton	OH	17:00
3	308	Shaun Donegan	23	Wilton	NY	17:05

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1	278	Kimberly Miseno-Bow	38	Amsterdam	NY	20:36
2	78	Beth Stalker	49	Burnt Hills	NY	20:47
3	151	Carolyn Herkenham	18	Charlton	NY	21:05

MALE AGE GROUP: 1 - 10

1	55	274 Aidan Tooker	10	Greenfield	NY	22:27
2	106	251 Tyler Doherty	9	Glenville	NY	24:51
3	129	133 Logan Short	8	Charlton	NY	26:15

FEMALE AGE GROUP: 1 - 10

1	69	292 Payton Czupil	9	Waterviet	NY	23:07
2	153	90 Kristen Bikowicz	10	Ballston Lake	NY	27:06
3	181	199 Morgan Schrader	10	Burnt Hills	NY	28:59

MALE AGE GROUP: 11 - 14

1	13	184 Jacob Urys	14	Rotterdam	NY	18:23
2	14	287 Christopher Murphy	13	Scotia	NY	18:39
3	16	61 Joe Chapman	14	Ballston Lake	NY	18:55

FEMALE AGE GROUP: 11 - 14

1	71	231 Anastasia Monsen	13	Ballston Spa	NY	23:12
2	73	138 Lauren Rabideau	14	Ballston Spa	NY	23:14
3	81	108 Josette Messere	13	Burnt Hills	NY	23:39

MALE AGE GROUP: 15 - 19

1	4	210 Sam Predmore	18	Ballston Lake	NY	17:15
2	5	128 Brent Drapeau	18	Glenville	NY	17:26
3	6	20 Dan Fernandez	15	Charlton	NY	17:34

FEMALE AGE GROUP: 15 - 19

1	39	67 Kiersten Anderson	17	Glenville	NY	21:20
2	40	24 Martha Brown	19	Burnt Hills	NY	21:20
3	63	176 Rachael Brush	15	Charlton	NY	22:55

MALE AGE GROUP: 20 - 24

1	7	44 Tyler Welsh	20	Pattersonville	NY	17:40
2	12	307 Greg Stevens	24	Scotia	NY	18:21

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Place	Bib	Name	Age	S	City	St	Time	Pace
3	27	256 Tad Wood	24		Greemerch	NY	20:30	
FEMALE AGE GROUP: 20 - 24								
1	59	100 Megan Reynolds	20		Burnt Hills	NY	22:41	
2	99	156 Amelia Simonson	20		Clifton Park	NY	24:37	
3	156	221 Lauren Reynolds	23		Burnt Hills	NY	27:24	
MALE AGE GROUP: 25 - 29								
1	8	218 Adam Leary	25		Canal Fulton	OH	17:44	
2	140	191 Chad Dyminski	27		Charlton	NY	26:34	
3	152	225 John Armbruster	26		Scotia	NY	27:05	
FEMALE AGE GROUP: 25 - 29								
1	67	36 Renay Nowicki	28		Albany	NY	23:03	
2	79	227 Erin Rightmyer	25		Burnt Hills	NY	23:33	
3	82	120 Samantha Bodenstab	27		Charlton	NY	23:43	

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Place	Bib	Name	Age	S	City	St	Time	Pace
MALE AGE GROUP: 30 - 34								
1	9	8 Christopher Mulford	32		Schenectady	NY	17:56	
2	20	118 Jonathan Peck	30		Scotia	NY	19:25	
3	30	226 Gabriel McGarry	32		Slingerlands	NY	20:37	
FEMALE AGE GROUP: 30 - 34								
1	38	89 Becky Bednarek	32		Amsterdam	NY	21:16	
2	78	181 Kelly Dutcher	31		Glenville	NY	23:30	
3	93	302 Sandy Tatarynw	30		Saratoga Springs	NY	24:26	
MALE AGE GROUP: 35 - 39								
1	34	54 Brian Watts	35		Clifton Park	NY	20:55	
2	51	52 William Meeker	39		Glenville	NY	22:12	
3	56	182 Greg Ethier	35		Waterford	NY	22:32	
FEMALE AGE GROUP: 35 - 39								
1	142	43 Aixa Toledo	36		Delmar	NY	26:39	
2	145	75 Becky Weyrauch	37		Ballston Lake	NY	26:44	
3	196	285 Beth Deluca	36		Scotia	NY	30:02	
MALE AGE GROUP: 40 - 44								
1	41	122 James Poirier	41		Charlton	NY	21:26	
2	53	127 Norman Drapeau	44		Glenville	NY	22:20	
3	64	267 Don Kraines	43		Scotia	NY	22:55	
FEMALE AGE GROUP: 40 - 44								
1	77	131 Kristin Short	41		Charlton	NY	23:28	
2	111	258 Karien Hackenberg	43		Ballston Lake	NY	25:10	
3	116	281 Lynn Fredericks	43		Amsterdam	NY	25:21	
MALE AGE GROUP: 45 - 49								
1	15	171 Chris Buckley	47		Burnt Hills	NY	18:50	
2	21	298 Gary Neumann	47		Burnt Hills	NY	19:31	
3	22	319 Joe Place	46		Saratoga Springs	NY	20:07	
FEMALE AGE GROUP: 45 - 49								
1	60	301 Tracy Perry	45		Clifton Park	NY	22:47	
2	92	123 Mary Wawrzyniak	48		Glenville	NY	24:23	
3	132	96 Wendy Loukes	49		Charlton	NY	26:19	
MALE AGE GROUP: 50 - 54								
1	24	208 Myron Ferguson	51		Broadalbin	NY	20:13	
2	31	137 Duane Rabideau	53		Ballston Spa	NY	20:40	
3	57	64 Chester Tumidajewic	54		Amsterdam	NY	22:34	
FEMALE AGE GROUP: 50 - 54								
1	139	257 Elizabeth Meehan	50		Ballston Spa	NY	26:31	
2	172	303 Coleen Stevens	51		West Glenville	NY	28:13	
3	192	209 Ellen Predmore	51		Ballston Lake	NY	29:28	
MALE AGE GROUP: 55 - 59								
1	18	238 Peter Girardi	57		Scotia	NY	19:19	
2	163	291 John Ripley	57		Ballston Spa	NY	27:52	
3	203	102 John Bednarek	55		Greenfield Center	NY	30:25	
FEMALE AGE GROUP: 55 - 59								
1	65	297 Martha Degrazta	58		Slingerlands	NY	22:57	
2	186	282 Phyllis Fox	57		Loudonville	NY	29:15	
3	211	317 Peggy Keigley	59		Greenfield Center	NY	31:08	
MALE AGE GROUP: 60 - 64								
1	113	87 Richard White	61		Charlton	NY	25:18	

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Place	Bib	Name	Age	S	City	St	Time	Pace
2	119	283 Douglas Fox	64		Loudonville	NY	25:27	
3	128	299 Robert W. Fairman	62		Johnstown	NY	26:10	
FEMALE AGE GROUP: 60 - 64								
1	180	290 Lorin Spiegel	60		Saratoga Springs	NY	28:48	
2	212	300 Marilyn Fairman	62		Johnstown	NY	31:09	
3	264	212 Nancy Johnston	63		Ballston Lake	NY	37:11	
MALE AGE GROUP: 65 - 69								
1	124	284 Jim Moore	69		Niskayuna	NY	25:47	
2	143	85 Richard Theissen	65		Round Lake	NY	26:39	
3	158	68 Sherm Dawson	66		Ballston Spa	NY	27:31	
FEMALE AGE GROUP: 65 - 69								
1	282	26 Catherine Caine	66		Charlton	NY	42:27	
MALE AGE GROUP: 70 - 99								
1	70	304 Joel Landis	70		Ballston Spa	NY	23:09	
2	198	62 Norm Marincic	74		Saratoga Springs	NY	30:08	
3	272	136 Donald McBain	76		Wynantskill	NY	39:04	
FEMALE AGE GROUP: 70 - 99								
1	285	1 Regina Tumidajewicz	82		Amsterdam	NY	44:09	
2	286	174 Vera Prosper						

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Place	Bib	Name	Age	S	City	St	Time	Pace
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**\*\*\*\* WALKERS \*\*\*\***

Place	Bib	Name	Age	S	City	St	Time	Pace
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1	39	Tim Sinnenberg	41	M	Burnt Hills	NY	32:50	10:34
2	73	Cara Maloney	14	F	Charlton	NY	33:56	10:56
3	101	Rick Reynolds	59	M	Burnt Hills	NY	34:25	11:05
4	72	Sue Maloney	49	F	Charlton	NY	35:55	11:34
5	71	Mike Maloney	49	M	Charlton	NY	36:10	11:39
6	27	Malika Drexel	47	F	Delanson	NY	36:25	11:44
7	239	Amy Versocki	39	F	Charlton	NY	38:46	12:29
8	76	Eileen Lofthouse	53	F	Ballston Spa	NY	45:19	14:36
9	81	Mary MacDonald	49	F	Burnt Hills	NY	45:20	14:36
10	83	John MacDonald Jr.	53	M	Burnt Hills	NY	45:21	14:36
11	46	Bernadette Wilson	63	F	Charlton	NY	48:10	15:30
12	130	Lori Pirrone	48	F	Charlton	NY	53:42	17:17
13	206	Michele Cappelletti	54	F	Glenville	NY	53:42	17:17



